



CHATEAU D'VILLE

REHAB & RETIREMENT

401 Vatican Drive • Donaldsonville, LA 70346 • (225) 473-8614

April 2024

Resident Spotlight



MRS. COLETTE THIBODAUX ENJOYS SPENDING TIME WITH HER BELOVED EDWARD, LISTENING TO COUNTRY MUSIC, AND VISITING WITH FRIENDS & FAMILY. MRS. COLETTE WAS HONORED TO HAVE BEEN CHOSEN FOR RESIDENT OF THE MONTH. WE LOVE YOU! CONGRATULATIONS!!

STAFF DIRECTORY

DUSTIN ALMOND	ADMINISTRATOR
BRIDGET MABILE	ADMINISTRATIVE ASSISTANT
LEIGH PREJEAN	ACCOUNTS MANAGER
STEPHANIE COUCH	ADMISSIONS NURSE
ANDREA VOUGHN	DIRECTOR OF NURSING
TAMMY THOMAS	ASST. DIRECTOR OF NURSING
GABBIE LANDRY	SOCIAL SERVICE DIRECTOR
LAKESHIA ESTER	ASSESSMENT NURSE
MISTY TURNER	ASSESSMENT NURSE
LAINY LEBOEUF	RN CHARGE NURSE
TONYA JONES	NURSE AUDITOR
ERICA DAGGS	TREATMENT NURSE
MARCELL HERBERT	STAFF DEVELOPMENT
CHARLENE BUTLER	C.N.A. SUPERVISOR
LAKERSHIA JOSEPH	ACTIVITY DIRECTOR
SHELBY STERNFELS	MARKETING
MARLON BUTLER	HOUSEKEEPING SUPERVISOR
MARLON BUTLER	MAINTENANCE SUPERVISOR
APRIL GARNER	DIETARY MANAGER
DR. ERIC GRAVOIS	MEDICAL DIRECTOR



Happy Birthday



RESIDENT BIRTHDAYS

- 4/4 SARAH COX
- 4/14 MARY COMEAUX
- 4/19 GREGGORY BROOKS

EMPLOYEE BIRTHDAYS

- 4/3 TARA HNA LEWIS
- 4/9 AUBREE HART
- 4/10 LEIGH PREJEAN
- 4/21 APRIL GARNER
- 4/24 MONIQUE BOLIAN
- 4/26 MISTY TURNER
- 4/28 AMBER EDWARD

Happy Anniversary

CONGRATULATIONS

- 4/2-15YRS RACHELLE D.
- 4/7-2YRS KEYONTE H.
- 4/8-6YRS OLIVIA WIGGINS
- 4/13-1YR CEARI GOUDY
- 4/13-1YR GERALYN M.
- 4/14-3YRS KAYLER SANDERS
- 4/29-16YRS DIANNE SMITH
- 4/29-5YRS LEIGH PREJEAN

Happy Birthday!

Happy birthday to all our residents & staff celebrating birthdays this month! The world is a better place because you're here. We think you're great for our community, too! Have a wonderful day.

Team Member of the Month




MR. CARL WILSON
MR. WILSON ENJOYS READING HIS BIBLE, GIVING THE MAN ABOVE HIS TIME FOR ALL HE HAS DONE FOR HIM, SPENDING TIME WITH FAMILY, AND COOKING. MR. WILSON ALSO ENJOYS WORKING WITH THE AWESOME PEOPLE OF CHATEAU D'VILLE. KEEP UP THE GOOD WORK. CONGRATULATIONS!

How to Be Happy

Make gratitude a part of your life, and you will be happier and more content. When you begin to feel thankful for what you have, you will already be in a position of achieving happiness. If you are always complaining about what you don't have, you will never be happy.

Happy April Fools' Day

Did you know we prank one another on April 1?
Yes, I'm fool-y aware.

Healthy Reasons To Laugh

Kidding around has some serious benefits—and not just for your funny bone! Here's how laughter can improve your life:

Provides a workout. A bout of boisterous laughter is like a mild workout. Your heart starts beating faster, sending oxygen throughout your body and stimulating muscles. Giggling for 10 to 15 minutes can burn as much as 50 calories.

Boosts your immune system. Laughs produce positive thoughts, which prompt your body to release antibodies that help fight illness.

Lifts your spirits. Laughing boosts the brain's levels of dopamine and serotonin, chemicals that can improve mood and may help lessen depression. Often, people who embrace laughter find it easier to cope with difficult situations.

Keeps you connected. Laughter is contagious. One researcher estimates we are 30 times more likely to laugh with others than when we're alone. Spending time with people can help you laugh more and improve your quality of life.

Relieves pain temporarily. When you laugh, your body releases endorphins, the "feel-good" brain chemicals that act as natural pain relievers. Research shows that your muscles stay relaxed for up to 45 minutes after a good chuckle, helping ease tension and stress.

With Sympathy

IN MEMORY OF THOSE
WHO ARE NO LONGER
WITH US, YOU WILL
FOREVER BE IN
OUR HEARTS.



AMEN

What's Cooking

MEAL OF THE MONTH!

BBQ RIBS
BAKED BEANS
POTATO SALAD
DESSERT:
CAKE W/STRAWBERRY
TOPPINGS



ENJOY!

WITH LIVING SCULPTURES
IN SILVER-WHITE GOWNS.
BY JAMES JOSEPH HUESGEN

**YOU WILL SHOW THE
PATH TO LIFE,
ABOUNDING IN YOUR
PRESENCE, THE
DELIGHTS AT YOUR
RIGHT HAND FOREVER.
PSALM 16:11**



Spiritual Corner

OUR EARTHLY GARDEN

ACRES OF SUNFLOWERS,
GARDENS OF ROSES,
THE SONG OF CREATION,
WHICH GOD COMPOSES,
THE MORNING GLORIES
ARE CLIMBING THE FENCES,
WITH THE HAND OF GOD,
THE GARDEN ENHANCES.
BE IT SPRING OR SUMMER,
OR THE BEAUTY OF FALL,
LIVING THE SEASONS
IS NATURE'S CALL.
AND WINTER, TOO,
THE SNOW SURROUNDS,

Wit & Wisdom

"So before long we can open the windows wide and let spring in, and we can go out to the park or sit on a hillside and let spring into us."

—Hal Borland

"I feel that it is healthier to look out at the world through a window than through a mirror. Otherwise, all you see is yourself and whatever is behind you."

—Bill Withers

"A smile is the light in your window that tells others that there is a caring, sharing person inside."

—Denis Waitley

"Falling asleep while the rain is clashing down on the window is nature's best lullaby."

—Kim Pape

"Look out of the window and you have a finer sight than any painter has ever placed on a piece of canvas."

—Iain Pears

"If a window of opportunity appears, don't pull down the shade."

—Tom Peters

"Tomorrow morning, when the sun shines through your window, choose to make it a happy day."

—Lynda Resnick

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Spring is in the air</i>	1 9:00 M&M 10:30 EXERCISE 11:30 ROOM VISITS 1:30 PRETTY NAILS	2 BEAUTICIAN DAY 2:00 IN2L BINGO 6:30 ROSARY W/ THE KNIGHTS	3 10:30 EXERCISE 11:00 STORE VISITS 11:30 ROOM VISITS 2:00 POKENO	4 10:30 EXERCISE 1:30 RESIDENT COUNCIL/BINGO	5 9:30 ROSARY & MASS 10:30 EXERCISE 2:00 POKENO	6 10:30 EXERCISE 2:00 BINGO 4:30 READING TIME
7 10:00 RELIGIOUS STUDIES 10:30 EXERCISE 2:00 POKENO	8 9:00 M&M 10:30 EXERCISE 11:30 ROOM VISITS 1:30 PRETTY NAILS	9 BEAUTICIAN DAY 2:00 IN2L BINGO	10 10:30 EXERCISE 2:00 RESIDENT B-DAY PARTY!!	11 10:30 EXERCISE 2:00 BINGO 6:00 ARTS & CRAFTS	12 9:30 MASS & ROSARY 10:30 EXERCISE 2:00 MOVIE & POPCORN	13 10:00 EMMANUEL BAPTIST CHURCH 11:00 ROOM VISITS 2:00 BINGO 4:30 ADULT COLORING
14 10:30 EXERCISE 2:00 BAPTIST SERVICE W/ KINGDOM TABERNACLE 3:00 POKENO	15 9:00 M&M 10:30 EXERCISE 11:30 ROOM VISITS 1:30 PRETTY NAILS	16 BEAUTICIAN DAY 2:00 IN2L BINGO	17 10:30 EXERCISE 11:30 ROOM VISITS 2:00 POKENO	18 10:30 EXERCISE 2:00 BINGO 6:00 ARTS & CRAFTS	19 9:30 MASS & ROSARY 10:30 EXERCISE 2:00 POKENO	20 10:30 EXERCISE 2:00 BINGO 4:30 WORD PUZZLES
21 10:30 EXERCISE 1:00 BAPTIST SERVICE W/THE CHURCH 2:00 BINGO W/THE CHURCH	22 9:00 M&M 10:30 EXERCISE 11:30 ROOM VISITS 1:30 PRETTY NAILS	23 BEAUTICIAN DAY 2:00 IN2L BINGO	24 10:30 EXERCISE 11:00 STORE VISITS 2:00 POKENO	25 10:30 EXERCISE 2:00 BINGO 6:00 ARTS & CRAFTS	26 9:30 MASS & ROSARY 10:30 BOOKMOBILE VISIT 2:00 POKENO	27 10:30 EXERCISE 11:00 ROOM VISITS 2:00 BINGO 4:30 WORD SEARCH
28 10:00 BAPTIST SERVICES 10:30 EXERCISE 2:00 POKENO	29 9:00 M&M 10:30 EXERCISE 11:30 ROOM VISITS 1:30 PRETTY NAILS	30 BEAUTICIAN DAY 2:00 IN2L BINGO				

